



# Elevating Leaders Mentorship

with Nataly Kogan

Elevating Leaders Mentorship with Nataly is a one-on-one, personalized program that takes place over three months, in seven bi-weekly sessions: 90-minute first session and six 50-minute sessions, with unlimited email access in between. (When possible, the first session takes place in person.)

Based on your focus areas and goals defined in the initial session, Nataly will select the best science-backed Happier Skills, practices, and mindset shifts that meet you where you are and elevate your leadership. Using your real-life challenges and work dynamics as a platform, Nataly will guide you to immediately apply the skills to help you succeed.

As you work together, you'll learn how to use science-backed Happier Skills not only so you can thrive in your own career, but so you can lead others to do their best, meaningful work.

Nataly brings the depth and breadth of her twenty years of experience as an executive, investor, and leader, expertise in emotional health and resilience, and personal journey into every mentorship relationship.

Ideal program participants are ready to accelerate their growth as a leader, connect to a deeper sense of meaning in their work, and build a stronger foundation by bringing their whole selves to all aspects of their professional and personal lives. This is an advanced program that requires your openness, active participation, and commitment.

If you'd like to apply to work with Nataly, please send an email to [natalyk@happier.com](mailto:natalyk@happier.com) and tell us why you're interested, in which areas you'd like to elevate your leadership, and how you feel this program can help.